The «PBL WORKING ENVIRONMENT» as interactive and expert system to learn the problem-based learning method

Abstract:
The «PBL working environment» is a virtual environment developed in the framework of SCENE project (profeSsional development for an efфеctive PBL approach: a practical experience through ICT-enabled lEarning solution), co-funded by the European Lifelong Learning Program. The «PBL working environment» is devoted to prepare headmasters and teachers of secondary and vocational schools to use Problem-Based Learning (PBL) pedagogy effectively. It is a student-centered pedagogy where learners are «actively» engaged in real world problems to solve or challenges to meet. Students develop problem-solving, self-directed learning and team skills.

The «PBL working environment» is an virtual tool including three main elements: e-learning platform, virtual facilitator and PBL repository. Teachers, trainers and headmasters/school managers learn the PBL pedagogy by attending an on-line course (e-learning platform) delivered through the «inductive method». It allows learners to experience PBL approach, by practicing it stage by stage, and then learn to turn practice into theory by abstracting their experience to build a theoretical understanding. Since generating the proper scenario is the most critical aspect of PBL, after benefiting from the on-line course, users can benefit from a further support: the Virtual Facilitator. It provides tips and hints on how correctly design a problem scenario and by asking questions to collect data on user’s specific needs. The Virtual Facilitator is able to provide a/or more suitable example(s) which match as closest as possible the teacher/trainer need. Finally, users can share problem scenarios and projects of different subjects of studies and with different characteristics uploaded and downloaded in the PBL repository.

Keywords: collaborative learning environment, Problem-Based Learning (PBL), active learning, training of teachers and trainers.

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El «entorno de trabajo PBL»: un sistema experto para aprender la pedagogía del aprendizaje basado en problemas

Extracto:

El «entorno de trabajo PBL» es un entorno virtual diseñado en el marco de referencia del proyecto SCENE (ProfeSsional development for an effeCtive PBL approach: a practical experi-ENce through ICT-enabled lEarning solution), cofinanciado por el Programa Europeo de Aprendizaje. El «entorno de trabajo PBL» se dedica a preparar a los directores y profesores de las escuelas de secundaria y formación profesional para que usen el aprendizaje basado en problemas [PBL o ABP (en español)] de una manera pedagógica efectiva. Se trata de una pedagogía centrada en el alumno, donde los estudiantes se dedican a resolver problemas del mundo real o a cumplir retos.

El «entorno de trabajo PBL» es una herramienta virtual que consta de tres elementos principales: la plataforma e-learning, el Facilitador Virtual y el repositorio PBL. Permite a los profesores, formadores y directores aprender la pedagogía PBL asistiendo a un curso on-line (plataforma e-learning) a través del «método inductivo». A los estudiantes les permite experimentar desde el enfoque PBL, practicando etapa por etapa, y posteriormente aprender a convertir la práctica en teoría mediante la abstracción de su experiencia para construir un conocimiento teórico. Generar el escenario adecuado es el aspecto más crítico del PBL. Tras beneficiarse del curso on-line, los usuarios pueden aprovecharse de un soporte más: el Facilitador Virtual. Este proporciona consejos y sugerencias sobre cómo diseñar correctamente un escenario problemático y, mediante preguntas, para recoger datos de las necesidades específicas de los usuarios, el Facilitador Virtual es capaz de proporcionar uno o más ejemplos que sean lo más adecuados a las necesidades del profesor. Por último, los usuarios pueden compartir escenarios problemáticos y proyectos de diferentes temas de estudio, y con distintas características, que hayan sido cargados y descargados en el repositorio PBL.

Palabras claves: ambiente colaborativo de aprendizaje, aprendizaje basado en problemas (PBL), aprendizaje activo, formación de profesores y de instructores.

1. THE PROBLEM-BASED LEARNING

PBL is perhaps the most innovative instructional method conceived in the history of education. It is based on the constructivist approach of learning where:

- Knowledge is individually constructed and socially co-constructed from interactions with the environment; knowledge cannot be transmitted.
- There are necessarily multiple perspectives related to every phenomenon.
- Meaning and thinking are distributed among the culture and community in which we exist and the tools that we use.
- Knowledge is anchored in and indexed by relevant contexts.

Following the main principles of this approach, the PBL is a student-centered pedagogy where learners are «actively» engaged in real world problems to solve or challenges to meet. Students develop problem-solving, self-directed learning and team skills (Barrows and Tamblyn 1980), (Schmidt, 1983, pp. 11-16;
Neville, 2009). The modern history of PBL begins in the early 1960s at the medical school at McMaster University in Canada (Gallagher, Sher, Stepien and Workman, 1995, pp. 136-146). Its effectiveness in facilitating student problem-solving and self-directed learning skills has been widely reported in medical education (Barrows and Tamblyn 1980). PBL has also become increasingly popular across disciplines in higher education and K-12 education settings (Gallagher, Sher, Stepien and Workman, 1995, pp. 136-146; Dochy, Segers, van den Bossche and Gijbels, 2003, pp. 533-568). But, until recently the PBL approach has flourished mainly in medical and professional schools. Slowly the sciences in general have begun taking it up, and even more slowly, the humanities.

The research results on the effects of PBL on learners performance showed that in terms of short-term retention, no difference was found between PBL and traditional learners. However PBL learners consistently outperformed traditional students on long-term retention assessments. In fact the PBL has shown a positive impact on learners' abilities to apply basic science knowledge and transfer problem-solving skills in real world professional or personal situations. The main advantages of PBL pedagogy can be resumed as follow:

- PBL enhances potential value of real world problems in terms of sustained learning and potential impact on interest.
- Learners don’t develop knowledge but capacities to apply knowledge in working context.
- Learners develop deep Problem-solving skills.
- Learners experience self-directed learning skills and team skills (needed in their professionals lives).
- Students personal involvement is enhanced.
- Fulfillment of tasks and duties is focused on real activities.

The use of the PBL or of a constructivist approach in the European secondary schools is not too diffuse as it should it be. While it is possible to do PBL in almost any school environment, it is most feasible and most effective when certain school conditions are in place (Larmer and Mergendoller, 2010, pp. 34-37). Moreover, teachers need to be prepared to implement PBL. «PBL provides an opportunity for educators to redefine the nature of learning and, in turn, reposition their roles in teaching from a knowledge/information transmitter to a learning/thinking process facilitator» (Hung, Jonassen and Liu, 2008, p. 493). This shift requires PBL tutors reconsider their educational roles. The PBL tutor must balance a degree of participation in students’ learning processes and refrain from the temptation to lecture. The effective communication skills are the necessary assumption for effective tutoring. Tutor’s authentic interactions are revealed in their ability to communicate with students informally while maintaining an empathetic attitude. In addition, effective tutors must be willing to be actively involved with students (Hung, Jonassen and Liu, 2008, pp. 485-506).

PBL model needs schools and classrooms preparation. This preparation must be done in the School level, so that PBL could be consistently and successfully implemented. Moving from individual schools to mass implementation of main course PBL will require vision and leadership at the district, state and eventually, the national level. An example from the USA-West Virginia a multi-faceted initiative to better prepare students to meet 21st century educational goals, by redesigning West Virginia school. It has implied rethinking and revising state standards and assessment, teacher credentialing and professional development. They have included relying on wikis and other technologies to share information, disseminate approved project designs and support teachers, West Virginia educators and students (Larmer and Mergendoller, 2010, pp. 34-37).
2. SCENE «PBL WORKING ENVIRONMENT»

The on-line «PBL working environment» represents the main product of the SCENE project. SCENE «ProfesSio- 
nal development for an effeCtive PBL approach: a practi- 
ical experiENce through ICT-enabled eLearning solutions» 
(http://www.forcom.it/area-ricerca-e-sviluppo/progetti-in-
temazionali ) is a two years and half project (from January 
2012 to June 2014) co-funded by the European Lifelong 
Learning Program (Key Activity 3: ICT). It is leaded by 
FOR.COM. a public interuniversity consortium, of which 
Università degli Studi Guglielmo Marconi is member.

The SCENE project aims to prepare headmasters 
and teachers in European secondary and vocational 
schools to use PBL pedagogy effectively by developing 
an innovative on-line learning environment.

The SCENE «PBL working environment» is an integra-
ted virtual tool (Feituri, Kear and Rudman, 2012) which 
consists of three distinct elements (e-learning platform, 
Virtual Facilitator and PBL repository).

«PBL working environment» allows teachers, trai-
ners and headmasters/school managers to understand 
the PBL approach and to be able to apply it efficiently in classroom. With the «PBL working envi-
ronment» teachers, trainers and headmasters/school managers can:

- Learn the PBL pedagogy by practicing it with an on-
line course delivered through the «inductive method» 
focused on virtual tasks to accomplish (e-learning 
platform).
- Benefit from a guidance and support service after the 
course attending thanks to a virtual system (Virtual 
Facilitator) expert in PBL.
- Share problem scenarios and projects of different 
subjects of studies and with different characteristics 
uploaded and downloaded in the PBL repository.

Figure 1. «PBL working environment» home page

Source: elaborated by the author.
2.1. E-learning platform and on-line course

The SCENE on-line course is delivered through the E-Learning Platform, created by using the «Chamilo» open source Learning Management System (LMS). The SCENE e-course is entitled «Problem-Based Learning in secondary and vocational schools: a student-centered pedagogy based on real-world experiences» (Bastos, Correnti, Dias, Mergendoller and Rudman, 2012) and includes 5 modules:

- Module 0: Familiarization and Socialization.
- Module 1: Self-reflection and introduction to PBL.
- Module 2: Designing a Problem Scenario.
- Module 3: Assessing a Problem Scenario.
- Module 4: Managing a Problem Scenario.

The SCENE course training methodology (Correnti, Feituri, Dias, Edirisingha and Mergendoller, 2012), based on a constructivist approach, is the inductive method. It allows learners to experience PBL methodology, by practicing it stage by stage, and then learn to turn practice into theory by abstracting their experience to build a theoretical understanding. Thus, this method allows students to be actively engaged in tasks and to build knowledge on the base of experienced practical examples.

According to the «Inductive learning approach» each module of the SCENE on-line course includes practical and theoretical contents. Participants start each modu-
le by benefiting from the practical multimedia contents and tasks; following they have the opportunity to reflect on their actions and generate understanding by benefiting from multimedia lessons and lecture notes (Theoretical Learning Objects). This process encourages them to connect their new knowledge and their existing knowledge, thus extending their theoretical understanding (action->reflection->new knowledge).

The course total duration is 64 hours. The practical session lasts 40 hours and includes links to web interesting documents, articles, videos (as case studies of different subject areas), assignments and online discussions delivered through a virtual forum where participants are expected to accomplish tasks and solve different problem scenarios according each own subject of study. The practical tasks and scenarios accomplished are multilingual (English, Greek, Italian, Portuguese, Romanian, Turkish) while case studies of different subject areas are in English.

National virtual classrooms are arranged among each target group participants (teachers/trainers and headmasters/school managers) to promote the reflection, discussion, synthesis and integration of the achieved results from practical exercises (arranged in National language). They are practical because allow course participants to share ideas and experiences and by doing this to improve participants his/her own scenarios. At the same time participants can discuss on the main principles as based of the practical experienced just done and so they can infer from this the theoretical knowledge («turn practice into theory»). As added value at least three international virtual classrooms are arranged among course participants of different countries to allow the sharing of knowledge and experience across national boundaries.

The Theoretical Session of the course lasts 24 hours and includes in-depth study of problem based learning’s guiding ideas, main principles and its theoretical knowledge base (Lecture Notes and Multimedia Lessons). The multimedia lessons are multilingual with links to videos, articles and interested web pages in English. Finally the lecture notes (one per module) summarizes the main theoretical knowledge and concepts and they are multilingual.

SCENE partners decided to develop a specific training path for headmasters and vocational school managers. This course has been developed taking into account their specific and actual needs such as the reduced time available and the less flexibility to take part in training courses. In detail, it includes the following modules:

- Module 0: Familiarization and Socialization.
- Module 1: Self-reflection and introduction to PBL.
- Module 2: Designing a Problem Scenario.
- Module 3: Assessing a Problem Scenario.
- Module 4: Managing a Problem Scenario.
- Module 5: Towards a «constructivist school»; Workshop for the PBL promotion in within the school; Research Materials.

Figure 3. «PBL working environment» on-line course

Source: elaborated by the author.
2.2. Virtual Facilitator

Generating the proper scenario is the most critical aspect of PBL.

The PBL scenario must invite genuine inquiry and it has to drive learners to determine what they think they know about the described event, what they will need to know in order to identify problems and how they’ll investigate the problem.

The design and implementation of an appropriate scenario is central to effective PBL. For this reason, after benefiting from the on-line course (e-learning platform) the teachers, trainers and headmasters/vocational school managers have the opportunity to apply the PBL with their students creating their own problem scenario, but they aren’t alone.

As «newbies PBL facilitators» the «PBL working environment» offers them a further support/guidance service for the first time (but not only) they want to apply the PBL with their students: the «Virtual Facilitator». It is an expert system who guides the teachers, trainers and headmasters/vocational school managers, who (after the course benefiting from) want to apply the PBL methodology, just learned, with their students. We believe that as «newbie PBL facilitators» they need support and guidance from a PBL expert. Thus, the Virtual Facilitator provides a further and key service (in addition to the e-course) for who wants to use the PBL in their classrooms.

The Virtual Facilitator features two main roles, as follow:

- **As ADVISOR**, the Virtual Facilitator provides tips and hints on how correctly design a problem scenario and also the link to the specific content of the e-course they can review for in depth information.

- **As PROFILER**, by asking questions to collect data on user’s specific needs, the Virtual Facilitator is able to provide a/or more suitable example(s) which match as closest as possible the teacher/trainer need.
2.3. PBL repository

The third element of the «PBL working environment» is the PBL repository, strictly connected to the Virtual Facilitator. The PBL Repository is a sharing area where teachers, trainers and headmasters/vocational school managers can upload their own PBL scenarios/projects and download the others. In particular the PBL repository aims to contain a lot of projects/problems scenario enough to cover all the target group needs. The aim is at encouraging the target group to fill the PBL repository with new project ideas or modifications of the projects already proposed. To do so, teachers/trainers can access the PBL repository and fill in a form with metadata to be uploaded together with the project idea. In this way the PBL repository can continuously updated with more and more projects fulfilling different teachers needs.

The Virtual Facilitator role is to retrieve project examples, uploaded in the PBL repository, from a growing set and provide it/them to the teacher/trainer, who are «asking» its help/support. This/these project(s)/problem(s) is/are the closest example to the teacher/trainer really needs.

The repository aims is to become a reference to those teachers and trainers who want to find problem scenarios/projects for delivering PBL sessions to their students.

Figure 5. «PBL working environment» PBL repository

Source: elaborated by the author.
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The designing of a genuine problem scenario is essentially linked to the teachers «creativity» but we believe that the personal creativity have to be enriched and cultivated thanks to the comparison and sharing of experiences with peers. The «PBL working environment» can be continually improved and enriched by its users who, by filling up the PBL repository with different scenarios in different languages, provide the Virtual Facilitator with a higher number of problem scenarios examples to retriever. Then, the Virtual Facilitator will become more and more efficient.

3. CONCLUSION

The expert system «PBL working environment» was born starting from the emergent need to improve the teachers, trainers and all actors of the educational context who have to overcome the emergent challenges of the teaching profession. Teachers and trainers are required to use the opportunities offered by new technologies and to respond to the demand for individualised and «practical» learning. The constructivist approach requires students to work actively to build their own understanding instead of passively listening lectures. The PBL is perhaps the most innovative instructional constructivist approach conceived in the history of education.

To train teachers, trainers and all educational actors on the PBL pedagogy could be an important step to modernise the educational system toward a «constructivist school».

Starting from these pivotal assumptions the expert system «PBL working environment» wants to provide teachers and trainers innovative tools to learn the PBL. Following the same principles of the constructivist approach, it allows users to «experience» and «practice» the PBL through an on-line course where participants, according to the «inductive learning approach», accomplish several tasks built on real-world cases and following they can infer the theoretical knowledge; the Virtual Facilitator provides an additional guidance and support service to «Newby Facilitators» (just learned and/or not enough expert on PBL) who want apply the PBL with their students. Designing a problem scenario is a pivotal step for applying the PBL successfully. The Virtual Facilitator provides useful and practical tips on the different steps of the PBL and the user one or more examples of scenarios/projects that best fit with his/her specific need by retrieving them from the PBL repository. Moreover, the PBL repository allow users to share problem scenarios and projects of different subjects of studies and with different characteristics.

The expert system aims to be the benchmark for those who want to learn the PBL pedagogy autonomously or those who already knows the PBL main principles but need a further support and guidance or simply those who apply the PBL regularly in classroom but want to share projects and suggestions with other teachers to improve their practice and find new ideas.

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